



2011 September

SAINT JOSEPH ACADEMY Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	6 Chicken Nuggets With Rice Golden Corn Choice of Milk		7 French Toast Sticks With Scrambled Eggs & Hash Brown Starz Choice of Milk		8 Grilled Cheese Or Turkey Chef Salad Carrot Coins Choice of Milk		9 Tony's Pizza Or Hummus and Pita Peas Choice of Milk	More Info... Enjoy your Fruit and Vegetables Daily Great Fruit Options: Apples Oranges Bananas Pears Grapes Jello Great Vegetable Options: Broccoli Baby-Carrots Celery Tomatoes Cauliflower Cucumbers Pickles Cole Slaw	
12 Chicken Tenders Mashed Potatoes with Gravy Green Beans Choice of Milk	13 Walking Taco Or Turkey Club Wrap Choice of Milk	14 Pancakes with Sausage & Hash Brown Starz Choice of Milk	15 BBQ Riblette Or Chicken Caesar Salad Choice of Milk	16 Tony's Pizza Or Yogurt Parfait w/ String Cheese Carrot Coins Choice of Milk					
19 Popcorn Chicken Mashed Potatoes with Gravy Green Beans Choice of Milk	20 Soft Taco Or Ham Wrap Mexican Rice Choice of Milk	21 Waffle Sticks w/ Scrambled Eggs & Hash Brown Starz Choice of Milk	22 Hot Dog on WW Bun Or Taco Salad Pickle Spears Choice of Milk	23 Tony's Pizza Or Turkey Lunchable Green Beans Choice of Milk					
26 Chicken Nuggets w/ Mashed Potatoes and Gravy Green Beans Choice of Milk	27 Cheese Quesadilla Or Turkey Club Wrap Golden Corn Choice of Milk	28 Cinnamon Glazed French Toast w/ Sausage & Hash Brown Starz Choice of Milk	29 Soft Pretzel w/ Cheese Or Ham Chef Salad Carrot Coins Choice of Milk	30 Tony's Pizza Or Tuna in a Pita Peas Choice of Milk					

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Menus are subject to change without notice.

